



Accessing Personal Genius

Personal Mastery in Leadership



Accessing Your Higher Levels of Consciousness

PENDUKA
COACHING INSTITUTE 



Why Personal Mastery?

The Importance of Personal Mastery

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Most leadership experts agree that the path to executive or senior leadership starts with “learning to lead self”. Successful leaders have learnt first to influence themselves – their lifestyles, their behaviour and their interpersonal associations. Setting a positive example becomes a greater reality for leaders who have first mastered themselves. The term “personal mastery” is used to describe a person's ability to become the manager of your own mind at all levels and that will prepare you for the ultimate development of excellence – accessing your personal genius.

The secrets of personal mastery teach you that it is not so much what you are thinking that controls your destiny and experiences, but how you are thinking: your frames of reference determine your experience of life.

Accessing Personal Genius will introduce you to the highly acclaimed Meta-States Model from Neuro-Semantics (NS). NS is a form of ‘positive psychology’ that is based on studying the structure of wellness as opposed to most psychology that studies illness. As such, this training will provide you with pre-requisite states of mind and emotion for personal mastery. These include:

- The ability to focus all of one's attention and energy
- The ability to step in and out of that state at will
- A sense of being in control of your mind, emotions and body
- A strong sense of self-acceptance and appreciation

- The ego-strength to face challenges and even relish in them
- Resilience to take life's ups and downs and bounce back
- The efficiency to take effective action on what you know

Three-day Introduction to Coaching with Neuro-Semantics

Accessing Your Personal Genius (Introduction to Coaching with Neuro-Semantics) gives new and experienced coaches the power to:

- Use the 26 questions from the revolutionary Meta-States model for effortlessly navigating reflexivity and increasing emotional intelligence (EQ).
- Essential language skills for Developmental Coaching (coaching beliefs, values, and identity).
- You will practice the steps in the structure of telling stories.
- You will learn the skill on how to drive your story toward a single unforgettable point or value.
- You will receive a book that outlines the leadership art of storytelling.
- The book includes stories on leadership lessons focusing on the business themes such as trust, conflict, accountability, commitment and results.
- Enrich your and your client's experience of life – find more passion and satisfaction in relationships, wealth, career, and health.
- Eliminate attitudes and blockages that have limited you and your clients in the past – low self-esteem, lack of control, inability to act on your ideas.
- Sharpen your focus so that you unleash your potentials and experience life at optimum level.



- Become certified to use more than 200 cutting-edge coaching patterns.
- Think like an entrepreneur and blow out excuses for not achieving business success lack of confidence, financial insecurity, fear of failure, not knowing what to do.
- Achieve extraordinary results by thinking and working systemically with the whole mind-body-emotion system.

Who should attend this program?

- Coaches wanting to lead in the field of Developmental Coaching.
- Individuals wanting to increase their Emotional Intelligence (EQ) & Spiritual Intelligence (SQ).
- Managers and leaders wanting to increase their employees EQ & SQ.
- Individuals wanting to break through limitations and blocks that prevent sustained success.
- Experienced & New Coaches wanting to gain an introduction to Coaching with NS.
- New Coaches wanting to take the Fast Track to becoming an Associate Certified Meta-Coach.
- NLP Practitioners wanting an introduction to Neuro-Semantics and Coaching.
- Parents and Teachers seeking strategies for dealing with ADD and ADHD.
- Couples wanting to create more passion and intimacy in their relationship.
- Psychologists, counsellors and therapists wanting an introduction to Coaching and Neuro-Semantics.

About the Facilitator

Dan Ellappa is a Business Leadership and Executive Coach and Story Teller with over 25 years of experience in bringing about transformational change within organisations. Head of Penduka Coaching, Dan has a Master's Degree in Business Leadership and has spearheaded countless training for global and local organisations. Dan is an Associate Certified Meta-Coach (ACMC) with the International Society of Neuro-Semantics (ISNS), a Neuro-Semantic Trainer, and Story Teller with Points of You.

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